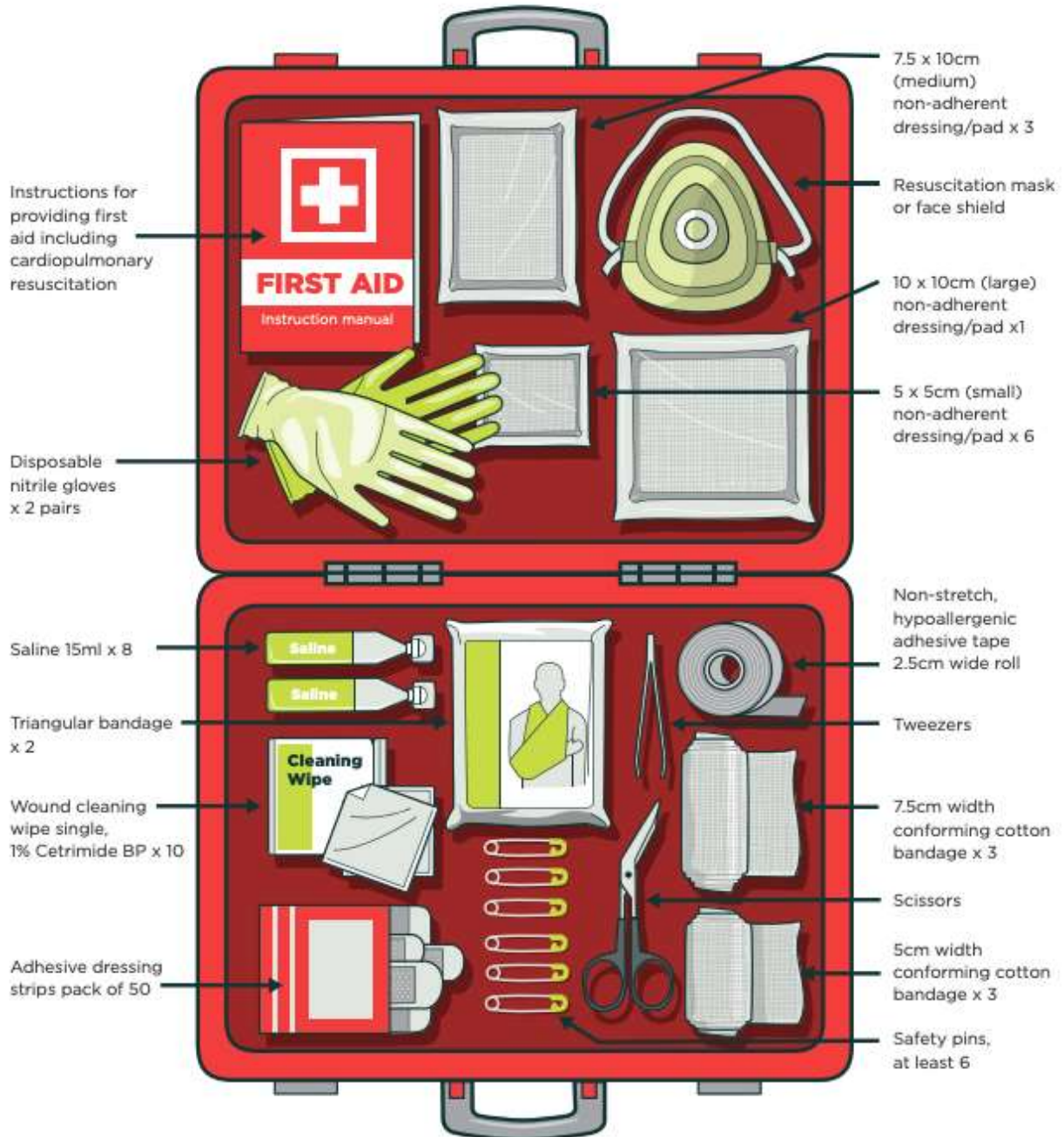


Suggested Minimum Content for a Workplace First Aid Kit

The figure below shows recommended contents for first aid kits for workplaces with no special risk:



This is a suggested contents list only, you may want to use equivalent but different items.

When you do your Needs Assessment you may identify a need for additional items. This could include, for example:

- Scissors
- Adhesive strips or band-aids for minor wound dressing
- Non-allergic adhesive tape
- Disposable aprons
- Forceps or tweezers to remove foreign bodies
- Individually wrapped moist wipes or saline solution
- Plastic bags for waste disposal
- Hand sanitiser

Ideally, these items are stored inside the first aid kit. But if necessary they may be stored separately as long as they are available for use as required.

Remote Workers

If you have workers in remote or isolated locations, you must provide them with a basic first aid kit (described on the previous page) as well as extra first aid equipment if required.

The figure below shows some extra contents for a first aid kit for remote or isolated workers. You may also want to consider including a small notebook and pen to record things such as dates, times, observations, equipment used. This is a suggestion only – the actual contents will depend on the nature of the work carried out and its risks.

